



The Pondering Pilgrim.com

<i>Progress Log</i>								
	<i>Week 1: Oct. 19, 2016</i>	<i>Week 2: Oct 26, 2016</i>	<i>Week 3: Nov 2, 2016</i>	<i>Week 4: Nov 9, 2016</i>	<i>Week 5: Nov 16 2016</i>	<i>Week 6: Nov 23 2016</i>	<i>Week 7: Nov 30 2016</i>	<i>Week 8: Dec 7, 2016</i>
<i>Bust</i>	41 1/2	41						
<i>Chest</i>		38						
<i>Waist</i>	35 1/4	34.75						
<i>Hips</i>	43 1/2	43						
<i>Neck</i>	14 5/8	14.5						
<i>Upper Arm - Left</i>	13 3/4	13 3/4						
<i>Upper Arm - Right</i>	13 5/8	13 1/2						
<i>Thigh - Left</i>	24	24 1/4						
<i>Thigh - Right</i>	24	24 1/4						
<i>Weight</i>	181.4	182						